

Your Host Family & Au Pair Schedule

Au Pair Work Schedule Requirements

Weekly Hours = 45 hours per week max

Daily Hours = 10 hours per day max

Au Pair Time Off = 1.5 days off per week with 1 full weekend off per month

	Schedule Hours	Description of Duties & Activities	Total Hours
Monday			
Tuesday			
Wednesday			
Thursday			
Friday			
Saturday			
Sunday			
		Total Weekly Hours =	