

AU PAIR ESSENTIALS

Packing List

Clothes

- T-Shirts/Shirts
- Pants/Shorts
- Underwear
- Socks
- Sleepwear
- Jacket/Sweater
- Jacket
- Swimwear
- Shoes
- Special event outfits
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Toiletries

- Toothbrush & toothpaste
- Deodorant
- Shampoo & conditioner
- Body Wash or soap
- Hairbrush
- Makeup & skin care
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Miscellaneous

- Gifts
- Photos from home
- Favorite Book
- Favorite snacks
- Purse or small bag
- Reusable water bottle
- Notebook or journal
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Electronics

- Phone
- Adapters
- Headphones
- Laptop/Tablet
- Charging cables
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Documents

- Passport
- Tickets
- Wallet & payment options
- DS-2019 forms
- Emergency contact information
- Host Family contact information
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Extras

- Neck Pillow
- Earplugs
- Travel Blanket
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